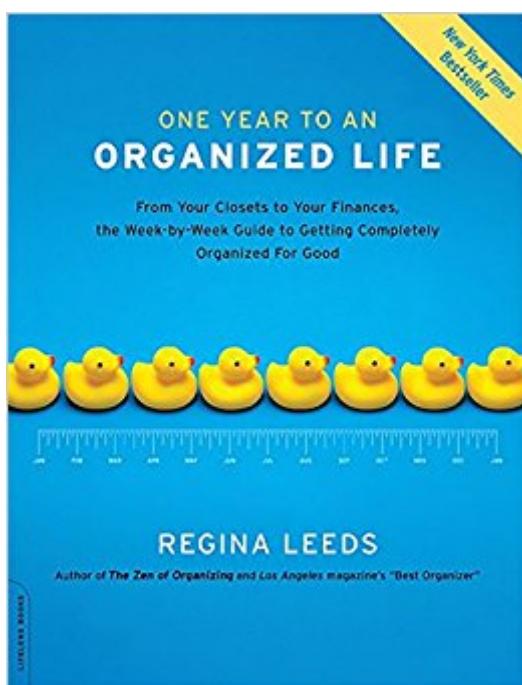


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# One Year To An Organized Life: From Your Closets To Your Finances, The Week-by-Week Guide To Getting Completely Organized For Good



## **Synopsis**

Who would you be if you felt at peace and had more time and money? An organized life enables you to have more freedom, less aggravation, better health, and to get more done. For nearly twenty years, Regina Leeds-named Best Organizer by Los Angeles magazine-has helped even the messiest turn their lives around. Anyone can get organized-she'll prove it to you! One Year to an Organized Life is a unique week-by-week approach that you can begin at any time of year. Regina helps you break down tasks and build routines over time so that life becomes simple, not overwhelming. Master time management Make your kitchen efficient Permanently organize closets and drawers Deal with your finances Reclaim & dumping groundsÂ like the guest room, garage and basement Declutter the kids' rooms Organize your travel plans-and the vacation photos and souvenirs Entertain with joy Regina reveals her magic formula for organizing anything, plus her method to stop the chronic cycles of clutter, misplaced items, and lateness. Whether you're living in chaos or just looking for new ways to simplify, this essential book will help you get the whole household organized-and stay that way.

## **Book Information**

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## **Customer Reviews**

"Women's Health""This easy-to-use, week-by-week domicile detox program will help you tackle every inch of your life."

Regina Leeds, a professional organizer and founder of Get Organized! by Regina, is the author of

several books, including The Zen of Organizing. She lives outside of Los Angeles.

Just started reading but so far have had several good ideas

Book is broken down into chapters and monthly suggestions. I have not followed it by month, but skipped around to tackle particular areas of focus in my home and life. This is a nice primer to get you started on organizing yourself in the new year.

Got this because the author really hit home with the 8 minute organizerthis takes it to a new level and breaks it down moregood plan and book arrived in waterproof packaging and in great shape

This book has some great ideas on getting organized. It is just what I have been looking for to clear the clutter in my unit. Every month January through December there are different activities such as "Time Management" to "Traveling Light" to "Creating a Festive Atmosphere" and special activities for each week in each month.

I read a portionof this book from one of my clients, I was amased of all the practical information, is like this book was written for me. I am very happy with my copy and I am already aplying some of the key points, I truelly recommend this book to anyone that would like to have more time for themselves and peace of mind.

This has really helped me! I would like to get it in paper form so I can refer to pages more easily. I think one of its best messages is, "This project is going to take a lot of time. Bite the bullet and hang in there." Another important point that I learned - Decorate your house to reflect your personality - not to please the crowds. To create restful space - instead of archived space filling and spilling over. I like it!

I considered "One Year to an Organized Life" very inspirational. I bought this book mainly because I needed help with my "home office" - I am still reading different sections of the book and heading to absorb all what I can. I bought an additional book for my daughter and her husband which are newlyweds.

I happened upon this book in a store just before the new year. I browsed it and was already

inspired. Well, after starting it for the new year I thought of so many friends I would want to share it with. I actually did pick two of my friends to purchase the book for, via , as a New Year's celebration gift (just to have a reason). Well, like I told those two friends; it's easy reading, great tips and advice and no rush to run through it. It's set up weekly and for a whole year so the pressure is limited. This book is laid out January through December and it is best to start in the actual month that you are in for tracking purposes, and because it addresses holidays and seasons. Yet, the great thing is that you don't have to start like I did in January, you can even skip around if you have too. Start in March and work your year around that way if you want! If you are like me and feel overwhelmed with chores and hopes to organize you will love this set up. It asks good questions to help get to the core of your problems which is organizational therapy :) and teaches accentials to being organized. Some may already know these things, but I for one already in the first month have made a big change thanks to my new information. My kitchen looks great and works more efficiently! One of my friends just sent me an email thanking me again for the book and saying that she has felt some confirmation with it, things she has tried or thought to try. She is inspired too! To share that feels great!

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